

# + St. Nicholas Antiochian Orthodox Church +

Sunday Bulletin – March 17<sup>th</sup>, 2013 A.D.



**March 24: Sunday of Orthodoxy  
\* Procession with Holy Icons \***

**ALL Parishioners are encouraged to bring their favorite Icons to Church and hold them during the Procession at the end of the Divine Liturgy in celebration of this Feast and declaration of our Orthodox Faith!**



**Sunday March 31<sup>st</sup>**

**Anointing Blessing with Holy Oil from the Life-giving Tomb of our Lord Jesus Christ in Jerusalem.**

**As we now begin our Lenten Journey towards the Feast of the Resurrection, Holy Pascha, allow this anointing to be a spiritual blessing & encouragement for you during this Great & Holy Fast!**

**The Antiochian Women of St. Nicholas Church Present the Annual:**

**\*\*\* LENTEN LUNCHEON \*\*\***

**Sunday, March 24 following the Divine Liturgy**

**Adults: \$20.00**

**Children under 12: \$7.00**

**For Tickets:**

**Sylvia (514) 344-0550**

**Helene (450) 466-9205**

***Come & Enjoy a Delicious and Wholesome Home-Cooked Family Meal!***

***The Food is Better Every Year! ALL Are Welcome!***

*Church Address: 80 de Castelnau Est, Montreal, QC, H2R 1P2 – Office: 514-270-9788; Fax: 514-270-6424;  
Hall: 514-276-3102; Pastoral Emergency: 514-926-7875 - [www.stnicholasmtl.com](http://www.stnicholasmtl.com) / [office@stnicholasmtl.org](mailto:office@stnicholasmtl.org)*

**+ Fr. Mark-Arsenios Wyatt (Pastor)**

### + The Holy Epistle (Romans 13:11-14:4) +

And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

هَذَا وَإِنَّكُمْ عَارِفُونَ الْوَقْتَ أَنَّهَا الْآنَ سَاعَةٌ لِنَسْتَقِظَ مِنَ النَّوْمِ فَإِنَّ خَلَاصَنَا الْآنَ أَقْرَبُ مِمَّا كَانَ حِينَ آمَنَّا. قَدْ تَنَاهَى اللَّيْلُ وَتَقَارَبَ النَّهَارُ فَلْنُخْلَعْ أَعْمَالَ الظُّلْمَةِ وَنَلْبَسْ أَسْلِحَةَ النُّورِ. لِنَسْأَلُكَ بِلِيَاقَةِ كَمَا فِي النَّهَارِ لَا بِالْبَطَرِ وَالسُّكْرِ لَا بِالْمُضَاجِعِ وَالْعَهْرِ لَا بِالْحِصَامِ وَالْحَسَدِ. بَلِ النَّبَسُوا الرَّبَّ يَسُوعَ الْمَسِيحَ وَلَا تَصْنَعُوا تَدْبِيرًا لِلْجَسَدِ لِأَجْلِ الشَّهَوَاتِ وَمَنْ هُوَ ضَعِيفٌ فِي الْإِيمَانِ فَاقْبَلُوهُ لَا لِمُحَاكَمَةِ الْأَفْكَارِ. وَاحِدٌ يُؤْمِنُ أَنْ يَأْكُلَ كُلَّ شَيْءٍ وَأَمَّا الضَّعِيفُ فَيَأْكُلُ بَقُولًا. لَا يَزِدُّ مَنْ يَأْكُلُ بِمَنْ لَا يَأْكُلُ وَلَا يَدِينُ مَنْ لَا يَأْكُلُ مَنْ يَأْكُلُ - لِأَنَّ اللَّهَ قَبِلَهُ. مَنْ أَنْتَ الَّذِي تَدِينُ عَبْدَ غَيْرِكَ؟ هُوَ لِمَوْلَاهُ يَنْبُتُ أَوْ يَسْقُطُ. وَكَيْفَهُ سَيَنْبُتُ لِأَنَّ اللَّهَ قَادِرٌ أَنْ يَنْبِتَهُ.

### + The Holy Gospel (St. Matthew 6:14-21) +

For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. "Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

فَإِنَّهُ إِنْ عَفَرْتُمْ لِلنَّاسِ زَلَاتِهِمْ يَغْفِرَ لَكُمْ أَيْضًا أَبُوكُمْ السَّمَاوِيِّ. وَإِنْ لَمْ تَغْفِرُوا لِلنَّاسِ زَلَاتِهِمْ لَا يَغْفِرَ لَكُمْ أَيْضًا زَلَاتِكُمْ. «وَمَتَى صُمْتُمْ فَلَا تَكُونُوا عَابِسِينَ كَالْمُرَائِينَ فَإِنَّهُمْ يُغَيِّرُونَ وُجُوهُهُمْ لِكَيْ يَظْهَرُوا لِلنَّاسِ صَائِمِينَ. الْحَقُّ أَقُولُ لَكُمْ: إِنَّهُمْ قَدْ اسْتَوْفَوْا أَجْرَهُمْ. وَأَمَّا أَنْتَ فَمَتَى صُمْتَ فَادْهِنُ رَأْسَكَ وَاعْسِلْ وَجْهَكَ لِكَيْ لَا تَظْهَرَ لِلنَّاسِ صَائِمًا بَلْ لِأَبِيكَ الَّذِي فِي الْخَفَاءِ. فَأَبُوكَ الَّذِي يَرَى فِي الْخَفَاءِ يُجَازِيكَ عَلَانِيَةً. «لَا تَكْتُمُوا لَكُمْ كُنُوزًا عَلَى الْأَرْضِ حَيْثُ يَفْسِدُ السُّوسُ وَالصَّدَأُ وَحَيْثُ يَنْقُبُ السَّارِقُونَ وَيَسْرِقُونَ. بَلِ اكْتُمُوا لَكُمْ كُنُوزًا فِي السَّمَاءِ حَيْثُ لَا يَفْسِدُ سُوْسٌ وَلَا صَدَأٌ وَحَيْثُ لَا يَنْقُبُ سَارِقُونَ وَلَا يَسْرِقُونَ لِأَنَّهُ حَيْثُ يَكُونُ كَنْزُكَ هُنَاكَ يَكُونُ قَلْبُكَ أَيْضًا

"On seeing someone sinning, a holy man wept bitterly and said: "He has fallen today, and I will surely fall tomorrow; he will surely repent, but as for myself, I am not so sure. Busy yourself with your own faults, and not with other people's and the workshop of your mind will not be despoiled." (St. Mark the Ascetic)

### Today's Holy Oblation is offered for the Good Health of the Servants of God:

Robert Mansour (Jacqueline), Birdie Marcus, George Marcus (Helga), Derek Massad (Suzanne), Justin Massad, Paul Massad (Michelle), Ralph Massad, Raymond Massad (Mark), Ronald Massad (Glenda), Victor Massad, Ivan Massarelli (Christina, Anthony, Claudia), Panagiotis Mathioudakis (Kimberley, Zoe Anne), Joseph Matouk (Marie-Emilienne), Glenn Matta (Arlene, Adam, Lisa), Madeleine Matta, Marcel Maziade (Lily, Donald, Nadia), John McLaren (Mitchell), James McLeod (Kathy), Doreen Mcrae (Karl, Allan), Habib Mdawar (Elisa, Elias, Noah), Hassib Mefrige, Sylvia Mefrige, Reginald Meldrum (Elaine, Michael, David, Lisa), George Michel (Raymonde), Mark Michel (Marisa, Karl, Nicholas).

### Today's Memorial Prayers are offered for the Eternal Memory of the Servant(s) of God:

\* For Joyce Shamy Fireman (1st year); for Adeebe Shamy (14<sup>th</sup> year); for Michel Shamy (58<sup>th</sup> year), and for Zalfa Salhany (58<sup>th</sup> year). Offered by the Shamy Family.

\* For Malaki, Michael, Jehanne & Adel Abouassaly. Offered by Salwa & Daher Abouassaly.

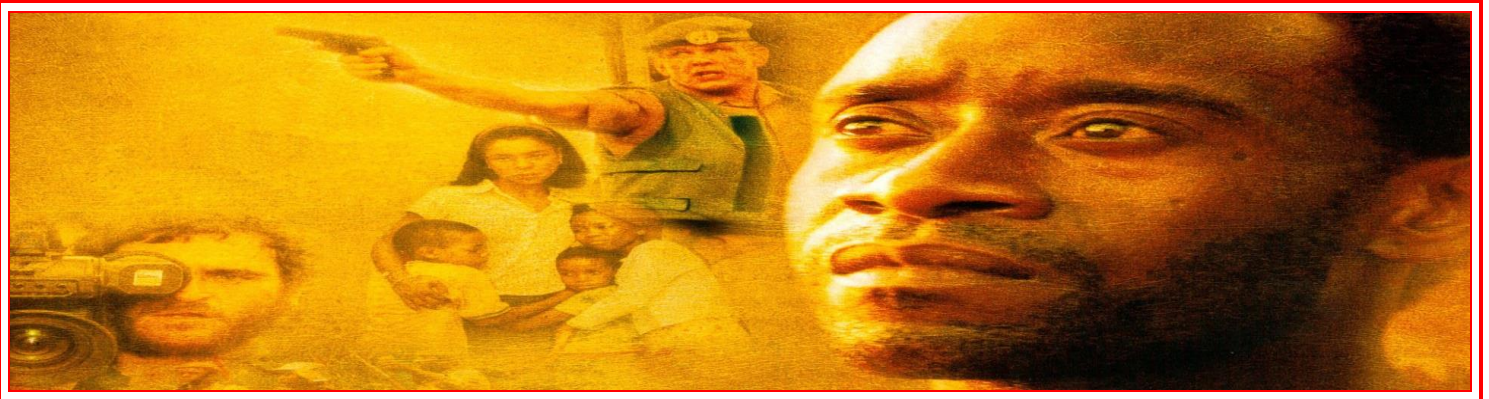
## Parish Events for March 2013

**For the entire 2013 calendar, visit our new website: [www.stnicholasmtl.com](http://www.stnicholasmtl.com)**

*March is designated for the Antiochian Women! Members of our Antiochian Women are encouraged to serve by assisting the Parish Council with the ushering and collecting the donation trays on Sundays this month.*

- March 1: Byzantine Practice at 7:00pm
- March 3: Receiving the Relics of St. Nicholas Planas for the Altar of St. Nicholas Church.  
Sunday School Staff Meeting after Liturgy
- March 5: Parish Council Meeting at 7:00pm  
Church Choir Practice at 7:30pm
- March 8: Byzantine Practice at 7:00pm
- March 10: Meat Fare Sunday (Last day to consume Meat Products) - Hierarchal D. Liturgy  
Ordination of Hector Zakaib to the Sub-Deaconate by Bishop ALEXANDER  
Sunday School Monthly Birthday Party & Reception for Hector Zakaib  
2<sup>nd</sup> Tray Collection
- March 12: Antiochian Women Meeting at 7:30pm  
Church Choir Practice at 7:30pm
- March 15: Byzantine Practice at 7:00pm
- March 17: Cheese Fare Sunday (Last day to consume Dairy Products & Fish)  
*Antiochian Women Annual Message delivered after the Divine Liturgy, with the blessing of H.E. Metropolitan PHILIP.*
- March 18: Beginning of Great Fast (March 18 - May 5) We Orthodox fast from all meat and dairy products. Fish is permitted on the Feast of the Annunciation and Palm Sunday.  
*\*Note: The date was changed by St. George Church: St. George & St. Nicholas Men's Clubs "Wine & Mezza Event" held at St. George Church (5-7pm). All Men, young & old, are invited to attend and join our Men's Club!*
- March 19: Church Choir Practice at 7:30pm
- March 20: 1st Presanctified Divine Liturgy at 7:00pm
- March 22: 1st Akathist Service at 7:00pm  
No Lenten Dinner this evening! Skip dinner tonight and remember those who are less fortunate than you and sleep hungry around the world! Honor the Mother of God and not your belly this evening! Come to the Church and still bring your donation for the Orthodox Charities. Test your heart and strengthen your faith!
- March 24: Sunday of Orthodoxy - Procession with the Holy Icons.  
ALL Parishioners are encouraged to bring their favorite Icon from home to the Church for the Procession!  
2nd Tray Collection  
Lenten Luncheon in celebration of Feast of the Annunciation of the Theotokos.
- March 26: Church Choir Practice at 7:30pm
- March 27: 2nd Presanctified Divine Liturgy at 7:00pm
- March 29: Lenten Dinner at 6:00pm  
2nd Akathist Service at 7:00pm
- March 30: Spiritual Discussion & Monthly Movie Night - All are Welcome! (hosted by the Teen SOYO)
- March 31: Anointing Blessing of Holy Oil from the Tomb of Christ (Jerusalem) following the Divine Liturgy.

Join us for our next monthly **Spiritual Discussion & Movie Night**  
with Fr. Mark on Saturday, March 30<sup>th</sup> at 6:30 pm



## "HOTEL RWANDA"

*The true story of a selfless man who bravely fought dangerous & impossible odds to lovingly save everyone he could: Family, Friends & Strangers.*

*(3 Oscar Nominations - Starring: Nick Nolte & Don Cheadle)*

*Approx. Video Time: 2 Hours - Parental Rating: PG-13*

*Food & Refreshments will be offered as usual...*

*All are welcome and encouraged to attend!*



**SAINT GEORGE ANTIOCHIAN ORTHODOX CHURCH**  
MONTREAL, QUEBEC, CANADA

*Proudly Hosts*

# THE 60<sup>TH</sup> ANNUAL PARISH LIFE CONFERENCE

Diocese of Ottawa, Eastern Canada and Upstate New York



**THE END OF HISTORY...THE LAST JUDGMENT**

**JULY 4<sup>TH</sup> TO 7<sup>TH</sup>, 2013**

**at The Sheraton Laval Hotel**

For more information visit our website: [www.saintgeorgemontreal.org/plc](http://www.saintgeorgemontreal.org/plc)  
or email us at: [mtlplc2013@gmail.com](mailto:mtlplc2013@gmail.com)

**Come to Montreal and experience the unique European flare of this multicultural metropolis!**