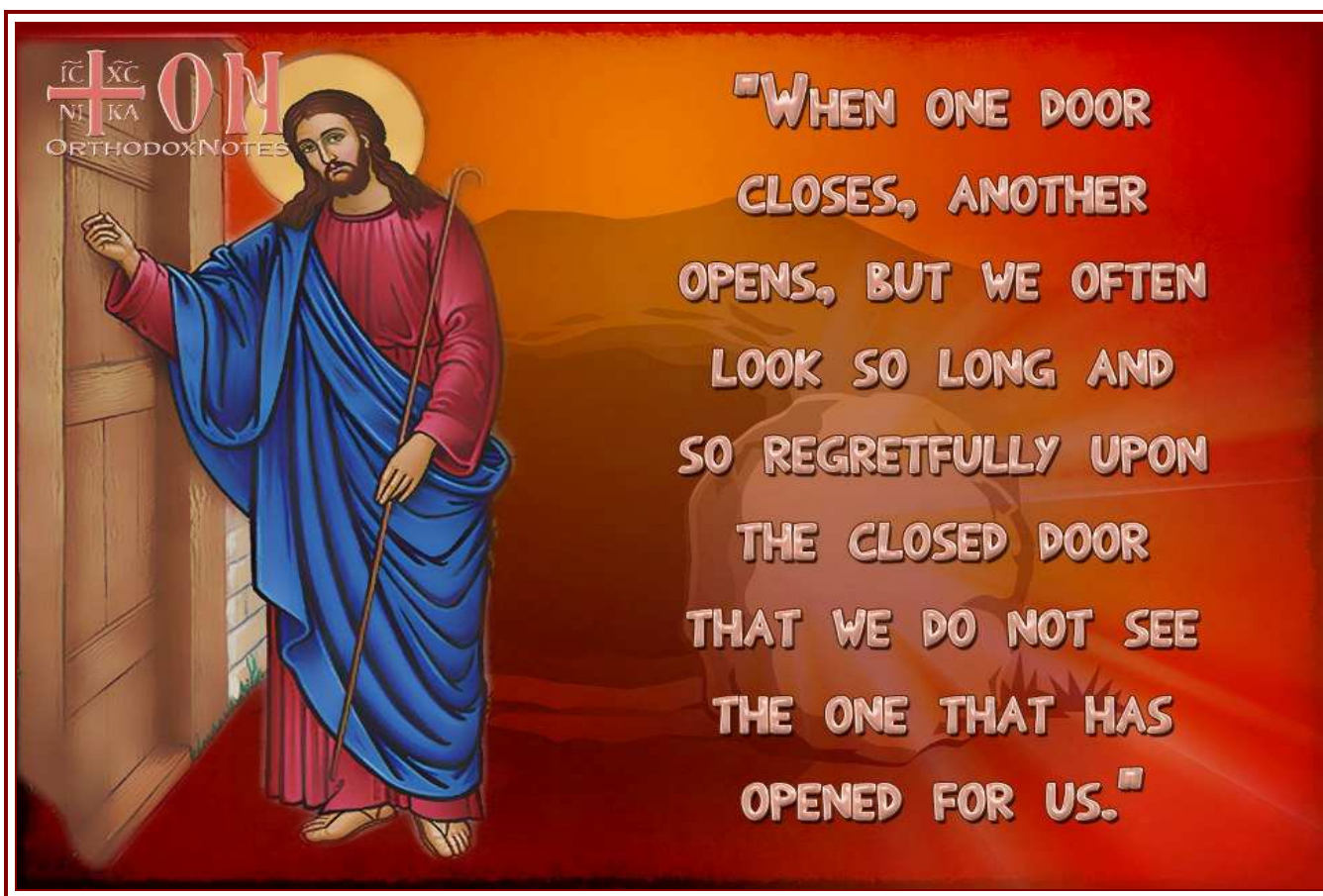


+ St. Nicholas Antiochian Orthodox Church +

Sunday Bulletin – October 6th 2013 A.D.



We continue to pray for Metropolitan Boulos Yazigi (*Antiochian Orthodox Metropolitan of Aleppo, Syria*) & Metropolitan Youhanna Ibrahim (*Syriac Orthodox Metropolitan of Aleppo, Syria*) who were **abducted by terrorists** on April 22 in Syria. We still have no news concerning them! Please keep them in your prayers! **The world may have forgotten about you, and the media is not interested, but we will not forget about you nor be silent!**



80 de Castelnau Est, Montreal, QC, H2R 1P2 – Office: 514-270-9788; Fax: 514-270-6424;
Pastoral Emergency: 514-926-7875 - www.stnicholasmtl.com/office@stnicholasmtl.org

+ *Fr. Mark-Arsenius Wyatt (Pastor)*

THE HOLY EPISTLE (2 Corinthians 4:6-15)

For it is the God who commanded light to shine out of darkness, who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in earthen vessels, that the excellence of the power may be of God and not of us. We are hard-pressed on every side, yet not crushed; we are perplexed, but not in despair; persecuted, but not forsaken; struck down, but not destroyed— always carrying about in the body the dying of the Lord Jesus, that the life of Jesus also may be manifested in our body. For we who live are always delivered to death for Jesus' sake, that the life of Jesus also may be manifested in our mortal flesh. So then death is working in us, but life in you. And since we have the same spirit of faith, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak, knowing that He who raised up the Lord Jesus will also raise us up with Jesus, and will present us with you. For all things are for your sakes, that grace, having spread through the many, may cause thanksgiving to abound to the glory of God.

لَأَنَّ اللَّهَ الَّذِي قَالَ أَنْ يُشْرِقَ نُورٌ مِنْ ظُلْمَةٍ، هُوَ الَّذِي أَشْرَقَ فِي قُلُوبِنَا، لِإِتَارَةِ مَعْرِفَةِ مَجْدِ اللَّهِ فِي وَجْهِ يَسُوعَ الْمَسِيحِ. وَلَكِنْ لَنَا هَذَا الْكَنْزُ فِي أَوَانٍ خَزَفِيَّةٍ، لِيَكُونَ فَضْلُ الْقُوَّةِ لِلَّهِ لَا مِنَّا. مُكْتَتِبِينَ فِي كُلِّ شَيْءٍ، لَكِنْ غَيْرِ مُتَضَايِقِينَ. مُتَحِيرِينَ، لَكِنْ غَيْرِ يَائِسِينَ. مُضْطَهَدِينَ، لَكِنْ غَيْرِ مَتْرُوكِينَ. مَطْرُوحِينَ، لَكِنْ غَيْرِ هَالِكِينَ. حَامِلِينَ فِي الْجَسَدِ كُلَّ حِينٍ إِمَاتَةَ الرَّبِّ يَسُوعَ، لِكَيْ تُظْهَرَ حَيَاةُ يَسُوعَ أَيْضًا فِي جَسَدِنَا. لِأَنَّنا نَحْنُ الْأَحْيَاءُ نُسَلِّمُ دَائِمًا لِلْمَوْتِ مِنْ أَجْلِ يَسُوعَ، لِكَيْ تَظْهَرَ حَيَاةُ يَسُوعَ أَيْضًا فِي جَسَدِنَا الْمَائِتِ. إِذَا الْمَوْتُ يَعْمَلُ فِيْنَا، وَلَكِنْ الْحَيَاةُ فِيكُمْ. فَإِذْ لَنَا رُوحُ الْإِيمَانِ عَيْنُهُ، حَسَبَ الْمَكْتُوبِ «آمَنْتُ لِذَلِكَ تَكَلَّمْتُ» - نَحْنُ أَيْضًا نُؤْمِنُ وَلِذَلِكَ نَتَكَلَّمُ أَيْضًا. عَالِمِينَ أَنَّ الَّذِي أَقَامَ الرَّبَّ يَسُوعَ سَيَقِيمُنَا نَحْنُ أَيْضًا بِيَسُوعَ، وَيَحْضِرُنَا مَعَكُمْ. لِأَنَّ جَمِيعَ الْأَشْيَاءِ هِيَ مِنْ أَجْلِكُمْ، لِكَيْ تَكُونَ النِّعْمَةُ وَهِيَ قَدْ كَثُرَتْ بِالْأَكْثَرِينَ، تَزِيدُ الشُّكْرَ لِمَجْدِ اللَّهِ

THE HOLY GOSPEL (St. Luke 7:11-16)

Now it happened, the day after, that He went into a city called Nain; and many of His disciples went with Him, and a large crowd. And when He came near the gate of the city, behold, a dead man was being carried out, the only son of his mother; and she was a widow. And a large crowd from the city was with her. When the Lord saw her, He had compassion on her and said to her, "Do not weep." Then He came and touched the open coffin, and those who carried him stood still. And He said, "Young man, I say to you, arise." So he who was dead sat up and began to speak. And He presented him to his mother. Then fear came upon all, and they glorified God, saying, "A great prophet has risen up among us"; and, "God has visited His people."

وَفِي الْيَوْمِ التَّالِيِ ذَهَبَ إِلَى مَدِينَةٍ تُدْعَى نَائِينَ وَذَهَبَ مَعَهُ كَثِيرُونَ مِنْ تَلَامِيذِهِ وَجَمْعٌ كَثِيرٌ. فَلَمَّا اقْتَرَبَ إِلَى بَابِ الْمَدِينَةِ إِذَا مَيْتٌ مَحْمُولٌ ابْنٌ وَحِيدٌ لِأُمِّهِ وَهِيَ أَرْمَلَةٌ وَمَعَهَا جَمْعٌ كَثِيرٌ مِنَ الْمَدِينَةِ. فَلَمَّا رَأَاهَا الرَّبُّ تَحَنَّنَ عَلَيْهَا وَقَالَ لَهَا: «لَا تَبْكِي». ثُمَّ تَقَدَّمَ وَلَمَسَ النَّعْشَ فَوَقَّفَ الْحَامِلُونَ. فَقَالَ: «أَبِيهَا الشَّابُّ لَكَ أَقُولُ فُمْ». فَجَلَسَ الْمَيْتُ وَابْتَدَأَ يَتَكَلَّمُ فَدَفَعَهُ إِلَى أُمِّهِ. فَأَخَذَ الْجَمِيعَ خَوْفٌ وَمَجَّدُوا اللَّهَ قَائِلِينَ: «قَدْ قَامَ فِيْنَا نَبِيٌّ عَظِيمٌ وَافْتَقَدَ اللَّهُ شَعْبَهُ».

صلاة يسوع

PRAYER MEETING

November 2 at 7:00pm

in the Church

ربّي يسوع المسيح

يا ابن الله

ارحمني

أنا الخاطيء

www.facebook.com/Orthodox Faith

IC XC NI KA ORTHODOX FAITH

THE JESUS PRAYER: "O LORD JESUS CHRIST, HAVE MERCY ON ME"

Come and join us on November 2 at 7:00pm in the Church for our monthly Prayer Meeting and learn the Jesus Prayer and how to enrich your Spiritual Life!

* Science Studies the Jesus Prayer: Can seven words change lives?

It may seem a lot of effort over just seven words: Finding 110 Orthodox Christians, giving them a battery of tests ranging from psychology to theology to behavioral medicine, and then repeating the tests 30 days later. But the seven words "Lord Jesus Christ, have mercy on me" (a.k.a. the Jesus Prayer) are among the most enduring in history. What Boston University psychologist George Stavros, Ph.D., wanted to find out was whether repeating the Jesus Prayer for ten minutes each day over the 30 days would affect these people's relationship with God, their relationships with others, their faith maturity, and their "self-cohesion" (levels of depression, anxiety, hostility, and interpersonal sensitivity). In short, Stavros was asking whether the Jesus Prayer can play a special role in a person's "journey to the heart."

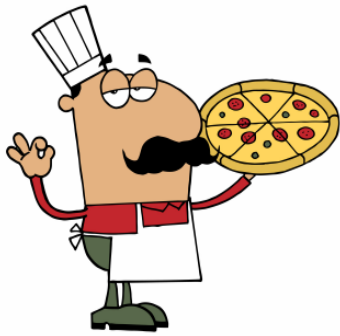
* **The Answer:** At least on all the scales that showed any significant effect compared to the control group—turned out to be a resounding yes! Repeating the contemplative prayer deepened the commitment of these Christians to a relationship with a transcendent reality. Not only that, **it reduced depression, anxiety, hostility, and feelings of inferiority to others.** So powerful were the psychological effects of the prayer that Stavros urges his colleagues to keep it in mind as a healing intervention for clients. He recommends that the prayer be used along with communal practices so that one's relationship with God and others is "subtly and continuously tutored." In other words, going inside to find God does not mean going it alone.

Monthly Orthodox Catechism
"UNDERSTANDING THE DIVINE LITURGY"
DATE CHANGE: November 9th at 7:00pm



The Divine Liturgy is the most powerful and important Prayer Service in the Orthodox Church, where **Angels** are ascending and descending from Heaven over the Altar, where a continuous **Miracle** occurs each time: our Lord sanctifies Bread & Wine to be **His Body & Blood** for us to partake of Him. **But do you understand what is really happening throughout the Divine Liturgy?** Do you ever wonder why it is done that particular way and not something different every week? Can you answer your friends if they ask you about the exact same Sunday Service you may have grown attending? Come & Join us on **November 9 at 7:00pm**. These monthly Catechisms will also include Bible Studies and other topics pertaining to the Faith. **(Note: the Date was changed from Oct.26)**

"The Divine Liturgy occurred one time forever. It has eternity. Every time the Divine Liturgy is celebrated, we rise up to its height. If we live some aspects of the Divine Liturgy, then we will understand its greatness, as happened with St. Seraphim of Sarov who saw angels coming to the Church during the Small Entrance. We follow the Divine Liturgy, because we do not live it, until we live it." *(Metropolitan Ierotheos Vlachos)*



**St. Nicholas Annual Youth
Pizza Party & Pie Bake
TODAY!**
Following the Divine Liturgy



St. Nicholas Annual Turkey Lunch
Sunday October 20th
Hosted by the **SUNDAY SCHOOL**
A Great Family Event!



Adults \$20
Active Teen Soyo Members: \$10.00
Non-Active Teens 12-19: \$15.00
Active Sunday School Children: FREE
Non-Active Children 4-11: \$5.00



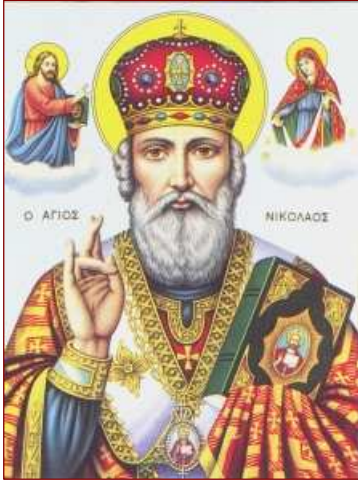
For Tickets: Contact Linda Lemieux (514-824-6328)

Food Drive for the Poor & Hungry: Please bring a non-perishable item with you!

GRAND HAFLI
Church Fundraiser
Hosted by the **Antiochian Women**
November 15 at 7:30pm
At: **Nuit De Beyrouth**
12208 Laurentien, Montreal, QC
\$50.00/Person



To purchase Tickets or if you require additional information, please contact:
Sylvia Mefrige (514-344-0550), Marie Azakie (514-835-7878), Hala Zakaib
(514-748-0882), Salwa Abouassaly (514-337-6779).

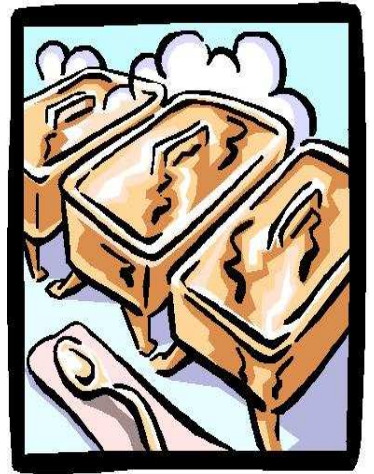


St. Nicholas Feast Day Brunch

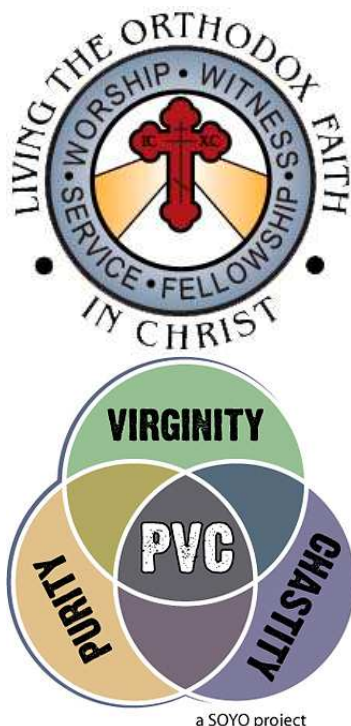
Sunday, December 8

Hosted by the
Antiochian Women

Always Homemade!
Always Fresh!
More info to come!



Every October, our Archdiocese raises funds for the **Special Olympics Sports Camp** that will be held at the Antiochian Village August 8 - 16, 2014. Next summer we will be celebrating our 33rd Annual Special Olympics Sports Camp. This ministry is run by and sponsored by the North American Council of Teen SOYO. Our teens work very hard for this ministry and rely on the generosity and support of the faithful of our Archdiocese and the Order of St. Ignatius. **Sunday, October 20** is Special Olympics Awareness Day and we will be collecting a **2nd Tray** and our Teen SOYO will be handing out **Icon bookmarks** in appreciation of your generous donation!



October is **Teen SOYO Month** and on **Sunday, October 13** they will be holding a **Bake Sale** and on **Sunday, October 20** there will be a **Special Message about our Youth Ministry** following the Divine Liturgy and **Icon Bookmarks** will be distributed in conjunction with the Special Olympics Awareness Day. Our Teen SOYO has monthly events in the Church and at other venues. **They are starting their annual can collection and need YOUR support!** Please bring in your non-perishable food items so together we can help out the less fortunate! *"I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me."* (St. Matthew 25:35-36) We are always open to new members, join us!

**Sunday School Monthly Birthday PARTY
with FUN Activity: Sunday, October 27**

Join our FUN Sunday School Program!

Every Sunday at 10:30am (English/French/Arabic)



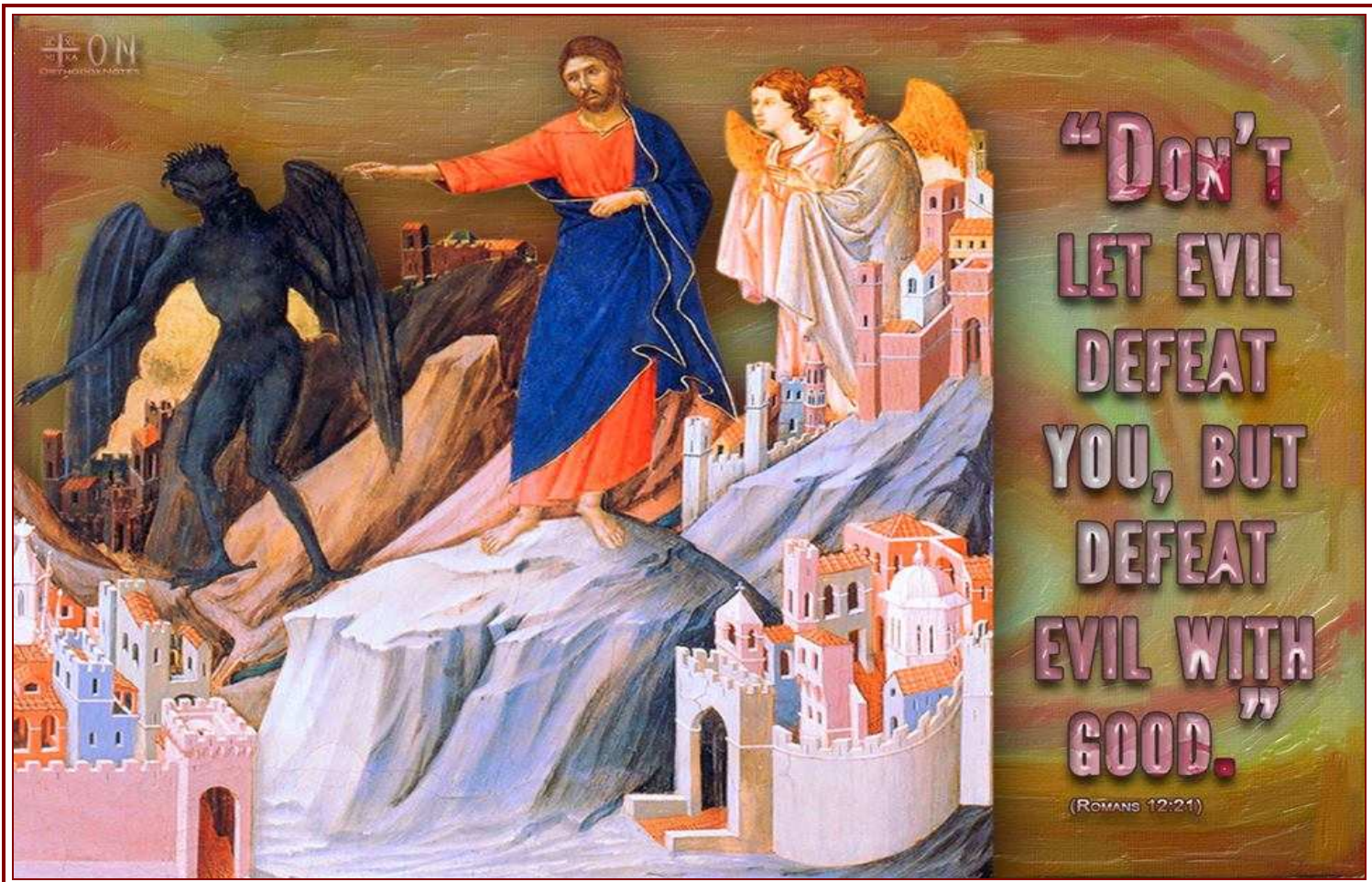
Today's Holy Oblation is offered for the Good Health of the Servants of God:

Gabriel Haddad (Danny, Kristina, Matthew, Sarah Rita), Ghassam Haddad (Eghni, Abddla, Fady), Ghassan Haddad (Amal, Fadi, Jason, Michael), Madeleine Haddad, Nancy Haddad (Frederic, Jesse), Nuhad Haddad (Sadie), Peter Haddad (Joyce), Randa Haddad (James, Emma), Ritchie Haddad (Norma, Jacob, Rachel), Ronald Haddad (Rabab, Jason, Michael), Said Haddad (Millia, Caroline, Salim), Therese Haddad (George), Paul Hajaly (Elizabeth, Dayna, Amanda), Peter Hajaly (Catherine, Nicholas), Stephen Hajaly (Susan, Christopher), Lorraine Hajaly, Nicola Hakim (Maha, Antoun, Raymond), Meena Hamati, Raja Hanna (Marylene, Dany, Julia), Sami Hanna (Lisa, Naomi, Jeremy), Andrew Hattem (Lynda, Eric, Julien, James), Beatrice Hattem, Kimberly Hattem, Raymond Hattem (Linda), Robert Hattem, Stephanie Hattem (Andrija Zecevic), Elie Hawli (Tania, Rim, Nathalie, Ralph), John Hazarian (Lorraine), Salwa Helal.

Today's Memorial Prayers are offered for the Eternal Memory of the Servants of God:

* For Badhia Zakaib (27th year). Remembered also: George Atta Zakaib, Denise Zakaib Pasquarelli, George Michael Zakaib, Mario(Mike) Pasquarelli. Offered by Gloria Zakaib Dobson & Family.

* For Maurice, Badih, Mariam, Najib, Jamileh, Khazem, Joseph, Renee. Offered by Jocelyn Wakim.





Monthly Parish Movie Night
Saturday October 26 at 7:00pm

"Spiritual Vitamins"

6 Modern Orthodox Mini-Movies Depicting Important
Spiritual Lessons for Modern Times! Approximately 2 Hours
That Will Stay With You For Many Years To Come!
All are Welcome!!

Monthly Parish Movie Night - Saturday November 16 at 7:00pm

"DAMASCUS SPEAKS!"

The Story of St. Paul the Apostle: Filmed on-location
(before the present war) where the events happened in the Bible!
Followed by a Special on "The Ark of the Covenant"
With footage of the Monasteries of Sinai & Ethiopia



Approximately
2 Hours
ALL ARE
WELCOME!