

ST. NICHOLAS ANTIOCHIAN ORTHODOX CHURCH

كنيسة القديس نيقولاوس الانطاكية الأرثوذكسية

80 de Castelnau Est, Montreal, QC, H2R 1P2

+Rev. Fr. Mark-Arsenius Wyatt (*Pastor*)

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*Follow us on **FACEBOOK!*** (direct link on our website)

REGULAR SCHEDULE OF WORSHIP:

Saturdays: Great Vespers 7:00pm-8:00pm

Confession 8:00pm-9:00pm (by Appointment only)

Sundays: 9:00am-12:00pm

(9:00am Orthros & 10:30am Divine Liturgy)

Agape Coffee Hour 12:00pm-2:00pm

BULLETIN: APRIL 24, 2016 A.D.

Taste the presence of Christ in you: We all need a good dose of silent prayer each and every day. Finding that perfect place in your home that can become your cave, or prayer closet, will afford you that sacred space wherein you can go deep into the heart and connect with God. That place wherein you can close off your family, your worries, your job, your distractions, and go deep into your heart wherein you will find the peace that comes from Christ. The Jesus Prayer is the perfect prayer, for it is a prayer of adoration and praise, and a prayer that proclaims that Jesus is Lord and, as God, can grant mercy upon you. The simple prayer which invokes the Holy Name of Jesus can transform your life, and take you into the very Heart of God. This prayer is known as the Prayer of the Heart for the very reason that it is of the heart. Lord Jesus Christ, Son of God, have mercy on me a sinner. Said with the aid of a Prayer Rope (thus bringing your body into the action of the prayer), this prayer accomplishes Saint Paul's admonition that we should "pray always". It is a prayer that takes you out of yourself and into communion with Christ. It is a prayer that can change your life because through this prayer you can taste the presence of Christ beside you.

Thinking upon our own Death: Saint Sisoes, the great ascetic, standing before the tomb of Alexander the Great, beheld the skeletal remains of one who was once covered in magnificent garments. Astonished, the saint mourned for the vicissitudes of time and the transience of glory, and tearfully proclaimed, "The mere sight of you, tomb, dismays me and causes my heart to shed tears, as I contemplate the debt we, all men, owe. How can I possibly stand it? Oh, death! Who can evade you?" During these past few years I have also lost a number of old friends, and given my age, I expect to lose more friends as the next few years progress. Death will come for us all, and it is to our benefit not to avoid the thought, for we never know when we will be required to account for our lives. The days of this Great Lenten Fast should be filled with thoughts of our own eventual death, and how we should use whatever time God has for us, in repentance for our own sins, and in service to others. For the Christian, death itself is not to be feared, for Christ's Holy Resurrection will be ours, as well. Yet we also know that in order to be joined to His Kingdom, we must have been transformed, that the Fire of God will not be for us, a lake of fire.

+ **Abbot Tryphon - All Merciful Saviour Monastery, Vashon Island, Washington.**

2016 Holy Friday Flowers Sponsorships

Your generous donations are needed to sponsor the flowers used to decorate the Holy Tomb of Christ for Holy Friday this year. You can sponsor them for the good health and/or the eternal memory of your loved ones. All sponsorships will be printed in the Holy Friday Special Bulletin. The Sponsorship is a generous minimum donation of \$25.00 to our Church. Please return the Sponsorship form found on the website and attached to this bulletin to the Church no later than Sunday, April 24th 2016 (Palm Sunday), or simply contact the Church Office before the deadline to guarantee it is published in the bulletin. Thank you!

THE HOLY EPISTLE (Philippians 4:4-9)

Brethren, rejoice in the Lord always; again I will say, Rejoice. Let all men know your forbearance. The Lord is at hand. Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus. Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me, do; and the God of peace will be with you.

يَا إِخْوَةَ، اِفْرَحُوا فِي الرَّبِّ كُلِّ حِينٍ وَأَقُولُ أَيْضاً اَفْرَحُوا. لِيَكُنْ حِلْمُكُمْ مَعْرُوفاً عِنْدَ جَمِيعِ النَّاسِ. الرَّبُّ قَرِيبٌ. لَا هَتْمُوا بِشَيْءٍ، بَلْ فِي كُلِّ شَيْءٍ بِالصَّلَاةِ وَالِدُّعَاءِ مَعَ الشُّكْرِ، لِتُعَلِّمَ طِلْبَاتِكُمْ لَدَى اللَّهِ. وَسَلَامٌ اللَّهُ الَّذِي يَفُوقُ كُلَّ عَقْلِ يَحْفَظُ قُلُوبَكُمْ وَأَفْكَارَكُمْ فِي الْمَسِيحِ يَسُوعَ. أَحْيِرَا أَيُّهَا الْإِخْوَةَ كُلُّ مَا هُوَ حَقٌّ، كُلُّ مَا هُوَ جَلِيلٌ، كُلُّ مَا هُوَ عَادِلٌ، كُلُّ مَا هُوَ طَاهِرٌ، كُلُّ مَا هُوَ مُسِرٌّ، كُلُّ مَا صَيِّتُهُ حَسَنٌ إِنْ كَانَتْ فَضِيلَةٌ وَإِنْ كَانَ مَدْحٌ، فَفِي هَذِهِ افْتَكِرُوا. وَمَا تَعَلَّمْتُمُوهُ، وَتَسَلَّمْتُمُوهُ، وَسَمِعْتُمُوهُ، وَرَأَيْتُمُوهُ فِيَّ، فَهَذَا افْعَلُوا، وَإِلَهُ السَّلَامِ يَكُونُ مَعَكُمْ.

**VISIT OUR ANNUAL PALM SUNDAY BAKE SALE TODAY
IN THE CHURCH HALL FOLLOWING THE DIVINE LITURGY!**

PALM SUNDAY CANDLES

Made by our Antiochian Women.

There is a selection available in the Church Narthex.

FOR RENT: ST. NICHOLAS CHURCH HALL

Our newly renovated Church Hall is available for rent. Suitable for private receptions and family gatherings, such as Birthday parties, Baptism/Wedding receptions, Anniversary celebrations, Funeral Mercy Meals, and more! Contact the Church Office for details.

\$100 RAFFLE - May 31st

500 Tickets

10 Draws (instead of 5)

More Cash Prizes
& More Chance to Win!

Call the Church Office
or Sylvia Mefrige (514-344-0550)
Delicious Food at 6:00pm
Ticket Drawing at 8:00pm

The Antiochian Orthodox Union of Canada is holding a Family Brunch on May 23 at 11:30am at Monastère de la Vierge Marie la Consolatrice (946 chemin de la Carrière, Brownsburg, QC J8G 1K5) on May 23 at 11:30AM. Followed by a tour of the monastery. Tickets are \$50 each for adults and \$25 each for children 3 to 12 years. Contact Hala Zakaib for tickets (514-449-0882) or e-mail unionorthodoxe@gmail.com

THE HOLY GOSPEL (St. John 12:1-18)

Six days before Passover, Jesus came to Bethany, where Lazarus was, whom Jesus had raised from the dead. There they made him a supper; Martha served, and Lazarus was one of those at table with him. Mary took a pound of costly ointment of pure nard and anointed the feet of Jesus and wiped his feet with her hair; and the house was filled with the fragrance of the ointment. But Judas Iscariot, one of his disciples (he who was to betray him), said "Why was this ointment not sold for three hundred denarii and given to the poor?" This he said, not that he cared for the poor but because he was a thief, and as he had the money box he used to take what was put into it. Jesus said, "Let her alone, let her keep it for the day of my burial. The poor you always have with you, but you do not always have me." When the great crowd of the Jews learned that he was there, they came, not only on account of Jesus but also to see Lazarus, whom he had raised from the dead. So the chief priests planned to put Lazarus also to death, because on account of him many of the Jews were going away and believing in Jesus. The next day a great crowd who had come to the feast heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, crying, "Hosanna! Blessed is he who comes in the name of the Lord, even the King of Israel!" And Jesus found a young donkey and sat upon it; as it is written, "Fear not, daughter of Zion; behold, your king is coming, sitting on a donkey's colt!" His disciples did not understand this at first; but when Jesus was glorified, then they remembered that this had been written of him and had been done to him. The crowd that had been with him when he called Lazarus out of the tomb and raised him from the dead bore witness. The reason why the crowd went to meet him was that they heard he had done this sign.

قَبْلَ الْفِصْحِ بِسِتَّةِ أَيَّامٍ أَتَى يَسُوعُ إِلَى بَيْتِ عَنِيَا، حَيْثُ كَانَ لِعَازَرُ الْمَيِّتِ الَّذِي أَقَامَهُ مِنَ الْأَمْوَاتِ. فَصَنَعُوا لَهُ هُنَاكَ عِشَاءً. وَكَانَتْ مَرْتًا تَخْدِمُ، وَأَمَّا لِعَازَرُ فَكَانَ أَحَدَ الْمُتَكَبِّينَ مَعَهُ. فَأَخَذَتْ مَرِيَمُ مَنَاً مِنْ طَيِّبِ نَارِدِينَ خَالِصٍ كَثِيرٍ الثَّمَنِ، وَدَهَنْتْ قَدَمِي يَسُوعَ، وَمَسَحَتْ قَدَمِيهِ بِشَعْرِهَا، فَامْتَلَأَ الْبَيْتُ مِنْ رَائِحَةِ الطَّيِّبِ. فَقَالَ وَاحِدٌ مِنْ تَلَامِيذِهِ، وَهُوَ يَهُوذَا سِمَعَانُ الْإِسْخَرِيُوطِيُّ، الْمَرْمُوعُ أَنْ يُسَلِّمَهُ: ((لِمَاذَا لَمْ يَبْعَ هَذَا الطَّيِّبُ بِثَلَاثِمِئَةِ دِينَارٍ وَيُعْطَى لِلْفُقَرَاءِ؟)) قَالَ هَذَا لَيْسَ لِأَنَّهُ كَانَ يُبَالِي بِالْفُقَرَاءِ، بَلْ لِأَنَّهُ كَانَ سَارِقًا، وَكَانَ الصُّنْدُوقُ عِنْدَهُ، وَكَانَ يَحْمِلُ مَا يُلْقَى فِيهِ. فَقَالَ يَسُوعُ: ((اتْرُكُوهَا! إِنَّهَا لِيَوْمٍ تَكْفِينِي قَدْ حَفِظْتَهُ، لِأَنَّ الْفُقَرَاءَ مَعَكُمْ فِي كُلِّ حِينٍ، وَأَمَّا أَنَا فَلَسْتُ مَعَكُمْ فِي كُلِّ حِينٍ)). فَعَلِمَ جَمْعٌ كَثِيرٌ مِنَ الْيَهُودِ أَنَّهُ هُنَاكَ، فَجَاءُوا لَيْسَ لِأَجْلِ يَسُوعَ فَقَطْ، بَلْ لِيَنْظُرُوا أَيْضًا لِعَازَرَ الَّذِي أَقَامَهُ مِنَ الْأَمْوَاتِ. فَتَشَاوَرَ رُؤَسَاءُ الْكَهَنَةِ لِيَقْتُلُوا لِعَازَرَ أَيْضًا، لِأَنَّ كَثِيرِينَ مِنَ الْيَهُودِ كَانُوا بِسَبَبِهِ يَذْهَبُونَ وَيُؤْمِنُونَ بِيَسُوعَ. وَفِي الْغَدِ سَمِعَ الْجَمْعُ الْكَثِيرُ الَّذِي جَاءَ إِلَى الْعِيدِ أَنَّ يَسُوعَ آتٍ إِلَى أُورُشَلِيمَ، فَأَخَذُوا سُعُوفَ النَّخْلِ وَخَرَجُوا لِلِقَائِهِ، وَكَانُوا يَصْرُخُونَ: ((أَوْصِنَا! مُبَارَكُ الْآتِي بِاسْمِ الرَّبِّ! مَلِكُ إِسْرَائِيلَ!)) وَوَجَدَ يَسُوعُ جَحْشًا فَجَلَسَ عَلَيْهِ كَمَا هُوَ مَكْتُوبٌ: ((لَا تَخَافِي يَا ابْنَةُ صَهْيُونَ. هُوَذَا مَلِكٌ يَأْتِي جَالِسًا عَلَى جَحْشٍ آتَانِ)). وَهَذِهِ الْأُمُورُ لَمْ يَفْهَمَهَا تَلَامِيذُهُ أَوَّلًا، وَلَكِنْ لَمَّا تَمَجَّدَ يَسُوعُ، حِينَئِذٍ تَذَكَّرُوا أَنَّ هَذِهِ كَانَتْ مَكْتُوبَةً عَنْهُ، وَأَنَّ هُمْ صَنَعُوا هَذِهِ لَهُ. وَكَانَ الْجَمْعُ الَّذِي مَعَهُ يَشْهَدُ أَنَّهُ دَعَا لِعَازَرَ مِنَ الْقَبْرِ وَأَقَامَهُ مِنَ الْأَمْوَاتِ. لِهَذَا أَيْضًا لَأَقَاهُ الْجَمْعُ، لِأَنَّهُمْ سَمِعُوا أَنَّهُ كَانَ قَدْ صَنَعَ هَذِهِ الْآيَةَ.

Let us come with branches to praise Christ the Master in faith like babes, purifying our souls, and crying to Him with a loud voice: Blessed art Thou, O Savior, Thou Who didst come into the world, and did become a new, spiritual Adam from the first curse, and didst prepare all things for the best, O Thou Word, Lover of mankind, glory to Thee.

O Christ Savior, Thou didst shed tears in secret over Thy friend Lazarus lying dead. Thou didst raise him from the dead, thereby declaring Thy pity in love to mankind. And when the multitude of little children knew of Thy presence they went out today carrying branches in their hands and crying to Thee: Hosanna! Blessed art Thou Who didst come to save the world.

+ 2016 LENTEN SCHEDULE OF PRAYERS & BLESSINGS +

- * Sunday, March 13 - Cheesefare Sunday & Ceremony of Mutual Forgiveness
- * Wednesday, March 16 at 7:30pm - Presanctified Divine Liturgy
- * Thursday, March 17 at 7:30pm - Great Compline
- * Friday, March 18 at 7:30pm - 1st Akathist, Anointing with miraculous Myrrh from the Holy Relics of St. Demetrios
- * Saturday, March 19 at 7:00pm - Great Vespers & Confessions by Appointment
- * Sunday, March 20 - Sunday of Orthodoxy (Procession with Icons)
Evening: Pan-Orthodox Vespers - 7:00pm at St. George Antiochian Orthodox Church
- * Wednesday, March 23 at 7:30pm - Presanctified Divine Liturgy
- * Thursday, March 24 at 7:00pm - VIGIL for Feast of the Annunciation at St. Mary's Church with the Montreal Clergy.
- * Friday, March 25 at 7:30pm - 2nd Akathist, Anointing with Holy Oil from Mt. Athos: PARAMYTHIA Miraculous Icon
- * Saturday, March 26 at 7:00pm - Great Vespers & Confessions by Appointment
- * Sunday, March 27 - Sunday of St. Gregory Palamas, Holy Water from Mt. Athos: Miraculous Spring of IVIRON
- * Wednesday, March 30 at 7:30pm - Presanctified Divine Liturgy
- * Thursday, March 31 at 7:30pm - Great Compline
- * Friday, April 1 at 7:30pm - 3rd Akathist, Anointing with Holy Oil from Mt. Athos: PORTAITISSA Miraculous Icon
- * Saturday, April 2 at 7:00pm - Great Vespers & Confessions by Appointment
- * Sunday, April 3 - Sunday of the Holy Cross (Procession with Crosses)
- * Wednesday, April 6 at 7:30pm - Presanctified Divine Liturgy
- * Thursday, April 7 at 7:30pm - Great Compline
- * Friday, April 8 at 7:30pm - 4th Akathist, Anointing with Holy Oil from Mt. Athos: ST. NICHOLAS Miraculous Icon
- * Saturday, April 9 at 7:00pm - Great Vespers & Confessions by Appointment
- * Sunday, April 10 - Sunday of St. John Climacus, Holy Water from the Life-Giving Font in Constantinople
- * Wednesday, April 13 at 7:30pm - Small Compline & Canon of St. Andrew (and Life of St. Mary of Egypt)
- * Thursday, April 14 at 7:30pm - Presanctified Divine Liturgy
- * Friday, April 15 at 7:30pm - 5th Akathist, Anointing with Holy Oil from Mt. Athos: ST. ANNA Miraculous Icon
- * Saturday, April 16 at 7:00pm - Great Vespers & Confessions by Appointment
- * Sunday, April 17 - Sunday of St. Mary of Egypt, Holy Water from Mt. Athos: St. Anna Skete (Relics of St. Anna)
- * Tuesday, April 19 at 7:30pm - Great Compline
- * Wednesday, April 20 at 7:30pm - Presanctified Divine Liturgy
- * ~~Friday, April 22 at 7:30pm - Small Compline & Canon of St. Lazarus~~
- * Saturday, April 23 at 10:00am - Orthros & Divine Liturgy for St. Lazarus
Evening at 7:00pm - Great Vespers & Confessions by Appointment
- * **Sunday, April 24 - Palm Sunday (Outdoor Procession & Bake Sale)**
Evening at 7:30pm - 1st Bridegroom Service
- * Monday, April 25 at 7:30pm - 2nd Bridegroom Service
- * Tuesday, April 26 at 7:30pm - 3rd Bridegroom Service
- * Wednesday, April 27 at 7:30pm - Holy Unction Service
- * Thursday, April 28 at 10:30am - Vespereal Divine Liturgy of St. Basil (Mystical Supper)
Evening at 7:30pm - Holy Passion Gospels Service
- * Friday, April 29 at 10:00am - Holy Paramon
Evening at 7:30pm - Lamentation Service with outdoor Procession
- * Saturday, April 30 at 10:00am - Vespereal Divine Liturgy of St. Basil (Saturday of Light)
Evening at 10:00pm - Paschal Vigil
- * Sunday, May 1 at 1:00pm - Agape Vespers (Indoor Candle Procession)
- * Monday, May 2 at 10:30am - Bright Monday & Feast of St. George - Divine Liturgy with Bishop Alexander & Montreal Clergy at St. George Antiochian Orthodox Church.
- * NOTE: the above Anointings & Holy Water will ONLY be administered at those times, book the dates from now!