

“Silence is the Cross on which we must Crucify our Ego”

+ St. Seraphim of Sarov



الصمت هو الصليب الذي نصلب "الأنا" عليه  
+ القديس سيرافيم ساروف

ST. NICHOLAS  
ANTIOCHIAN ORTHODOX  
CHURCH



كنيسة القديس نيقولاوس  
الانتطاكية الأرثوذكسية

His Beatitude Patriarch JOHN X صاحب الغبطة البطريرك يوحنا العاشر  
Greek Orthodox Patriarch of Antioch and all the East

The Most Reverend Metropolitan JOSEPH صاحب السيادة المتروبوليت جوزيف  
Archbishop of New York and Metropolitan of All North America  
Antiochian Orthodox Christian Archdiocese of North America

The Right Reverend Bishop ALEXANDER صاحب السيادة الأسقف الكسندر  
Diocese of Ottawa, Eastern Canada and Upstate New York

The Reverend Father Mark Wyatt قدس الأب مارك ويّات  
Pastor of St. Nicholas Antiochian Orthodox Church

Formerly: The Syrian Greek Orthodox Church of St. Nicholas of Canada  
Founded in 1899 by St. Raphael (Hawaweeny) Bishop of Brooklyn

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Saturdays: Great Vespers

7:00pm-8:00pm

Sundays: Orthros & Divine Liturgy

9:00am-12:00pm

SUNDAY BULLETIN: JANUARY 15, 2017 A.D.



For Metropolitan Boulos,  
Archbishop John, and for  
their quick release from  
captivity and safe return,  
let us pray to the Lord.

## THE HOLY EPISTLE (Colossians 3:4-11)

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

يا اخوة متى ظهر المسيح الذي هو حياتنا فأنتم أيضاً تظهرون حينئذٍ معه في المجد \* فأميتوا أعضائكم التي على الأرض الزنى والنجاسة والهوى والشهوة الرديئة والطمع الذي هو عبادة وثن \* لأنه لأجل هذه يأتي غضب الله على أبناء العصيان \* وفي هذه أنتم أيضاً سلكتم حيناً إذ كنتم عائشين فيها \* أما الآن فأنتم أيضاً اطرحووا الكل الغضب والسخط والخبث والتجديف والكلام القبيح من أفواهكم \* ولا يكذب بعضكم بعضاً بل اخلعوا الإنسان العتيق مع أعماله \* والبسوا الإنسان الجديد الذي يتجدد للمعرفة على صورة خالقه \* حيث ليس يوناني ولا يهودي لا ختان ولا قلف لا بربري ولا اسكيثي لا عبد ولا حر بل المسيح هو كل شيء وفي الجميع.

## THE HOLY GOSPEL (St. Luke 17:12-19)

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving Him thanks. Now he was a Samaritan. Then Jesus said, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him, "Rise and go your way; your faith has made you well."

في ذلك الزمان، فيما يسوع داخل إلى قرية استقبله عشرة رجال برص ووقفوا من بعيد، ورفعوا أصواتهم قائلين: يا يسوع المعلم ارحمنا. فلما رآهم قال لهم امضوا وأروا الكهنة أنفسكم. وفيما هم منطلقون طهروا. وإن واحداً منهم، لما رأى أنه قد برئ، رجع يمجّد الله بصوت عظيم. وخرّ على وجهه عند قدميه شاكرًا له وكان سامريًا، فأجاب يسوع وقال، أليس العشرة قد طهروا فأين التسعة؟ ألم يوجد من يرجع ليمجد الله إلا هذا الأجنبي؟ وقال له، قم وامض إيمانك قد خلصك.

**On January 15 in the Holy Orthodox Church, we commemorate our righteous Father Paul of Thebes.** He and a sister of his inherited all their parents' wealth, but his brother-in-law, an idol worshipper, threatened Paul that he would betray him to the authorities as a Christian if he did not hand over his share of the property. Paul gave his half of the property to his sister and went into the desert, where he lived in asceticism until his death. The spiritual heights attained by this giant of a monk are testified to by no less a person than Antony the Great, who once visited Paul and marvelled how the wild animals and birds of the air ministered to him. Paul lived 113 years, and entered peacefully into rest in the Lord in the year 342.

**On this day, we also commemorate our righteous Father John the Hut-dweller, who became poor for Christ's sake.** He was born in Constantinople, an only child of rich and eminent parents. The young John fled to a monastery in Asia Minor, where he spent six years in the greatest restraint, prayer and obedience to the superior. Then the devil attacked him to return to his parents, which he did, but he dressed as a beggar and remained in their courtyard, living off the crumbs that the servants threw him and enduring much ridicule from all. He lived thus for three years, praying God that He would save the souls of his father and mother. They eventually recognized John by a precious Gospel-book which they had given him in childhood. He saved his soul and those of his parents, overcame the devil and entered into rest in the Lord in about the year 450.

**By the intercessions of Thy Saints, O God, have mercy upon us. Amen.**

## Spiritual Reflections for the New Year

### **Abbot Tryphon:**

We celebrated the beginning of 2017, a New Year, and with it a chance to recommit ourselves to working harder at making changes in our lives that will lead to spiritual growth. The Lord's patience never runs out, so we always have the invitation to renew our commitment to Him. The New Year is that moment in time when we should take a closer look at how we are using this life God has given us. Are we focused on things spiritual or are we strolling through life as though there were no tomorrow? The truth be known, many of us give all kinds of excuses as to why we don't attend services on a regular basis. We admit that if it were work related we'd be there, but Church is seen as something that is at the bottom of the to do list. We wouldn't consider going to work only when we felt like it. Nor would you miss family celebrations or social functions with our friends, for we know our loved ones would question our commitment to them. Relationships are what we put into them, and we know that if we don't feed a relationship, it will die, just as a vine that is not watered, dies. Likewise, if we don't place God as the center of our week, and the services in the temple as the central act of the week, we can't expect to be spiritually healthy. Let's make 2017 a year that has focus, and a time for personal renewal. Let's not sit back waiting for God to do it all, for He's already done it. Let's do our part, and let's make this year the very best we've ever experienced!

### **H.H. (the late) Pope Shenouda III:**

At the end of the year, we study what should be done to make the new year a holy year in everything, then say the beautiful phrase "Let us enjoy a fresh start". You should sit with yourself and ask yourself: Where is the Centre of God's Love in your life? Where is the Centre of Faith? Gentleness? Humility? Hope? How deep is your relationship with God? Which way does the spiritual side in your life go? A principal piece of advice I give you to keep in your mind while sitting with yourself and with God is to be honest to the fullest and beware of justifying yourself, finding excuses and putting the blame on others or on circumstances. On the day of judgment, God is not going to ask you about the circumstances or about the others. He is going to ask you about yourself. Enter then inside yourself, and yourself only, nothing else.

### **From the Service for the Orthodox Church New Year:**

O Thou Who art united with the Holy Spirit, O Word and Son which art without beginning, joint Fashioner and Creator with Him of all things visible and invisible: Bless the crown of the year, and preserve in peace the multitudes of the Orthodox, through the intercessions of the Theotokos and of all Thy Saints.

Since Thou art God, the Fashioner and Lord of all creation, and since in Thine authority Thou settest times and seasons, we pray Thee: Crown with the blessings of Thine abundant kindness the cycle of this present year, and do Thou keep Thy people in calm and peace, free from every harm, O Thou Lord of Mercy, by Thy pure Mother's prayers and those of all the Godlike Angels.

# ST. NICHOLAS PRE-LENTEN TURKEY LUNCHEON

SUNDAY, FEBRUARY 19, 2017

TICKETS: \$15/ADULT — \$10/KIDS (6-12)

KIDS 5 & UNDER - FREE

REGISTERED SUNDAY SCHOOL KIDS - FREE

HELENE ZAKAIB: 450-466-9205

MIRA AZAKIE: 514-466-0097

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All are Welcome!*

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