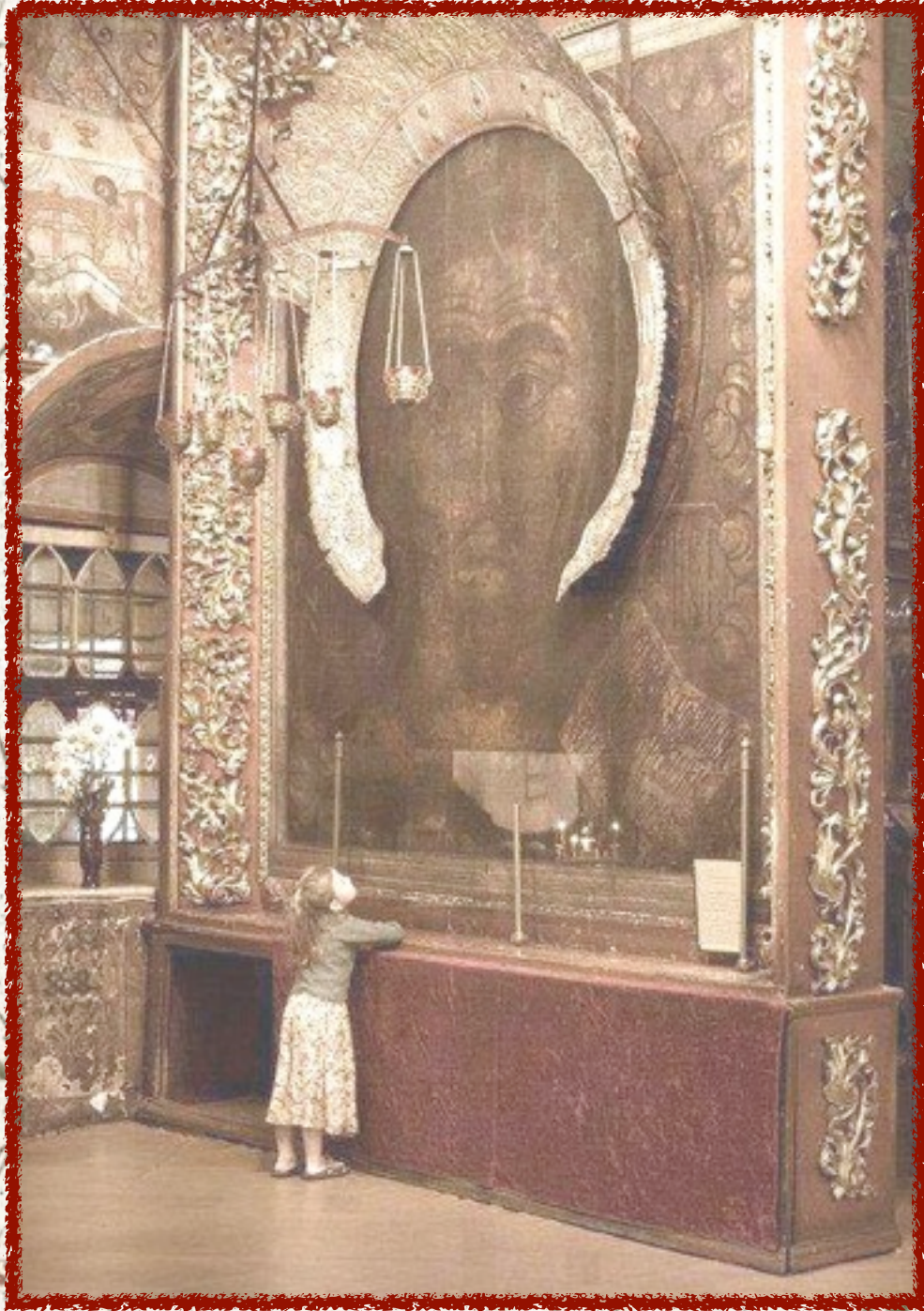


+ St. Nicholas Antiochian Orthodox Church +

كنيسة القديس نيقولاوس الانطاكية الأرثوذكسية

SUNDAY BULLETIN - JUNE 21, 2015 A.D.



80 de Castelnau Est, Montreal, QC, H2R 1P2 +Rev. Fr. Mark-Arsenios Wyatt (Pastor)

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WE ARE A PARISH OF THE ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE OF NORTH AMERICA,  
WHICH IS AN ARCHDIOCESE OF THE GREEK ORTHODOX PATRIARCHATE OF ANTIOCH & ALL THE EAST.

لُغتنا انطاكيّة، لُغتنا واحدة

“Our language is Antiochian, our language is One” - H.B. Patriarch John X

## THE HOLY EPISTLE (Romans 5:1-10)

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man -- though perhaps for a good man one will dare even to die. But God shows his love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life.

يَا إِخْوَةَ، إِذْ قَدْ تَبَرَّرْنَا بِالْإِيمَانِ لَنَا سَلَامٌ مَعَ اللَّهِ بِرَبِّنَا يَسُوعَ الْمَسِيحِ الَّذِي بِهِ أَيْضاً قَدْ صَارَ لَنَا الدُّخُولُ بِالْإِيمَانِ إِلَى هَذِهِ النِّعْمَةِ الَّتِي نَحْنُ فِيهَا مُقِيمُونَ وَنَفْتَخِرُ عَلَى رَجَاءِ مَجْدِ اللَّهِ. وَلَيْسَ ذَلِكَ فَقَطْ بَلْ نَفْتَخِرُ أَيْضاً فِي الضِّيقاتِ عَالِمِينَ أَنَّ الضِّيْقَ يَنْشِئُ صَبْرًا وَالصَّبْرُ تَرْكِيهًا وَالتَّرْكِيهَةُ رَجَاءٌ وَالرَّجَاءُ لَا يُخْزِي لَأَنَّ مَحَبَّةَ اللَّهِ قَدْ انْسَكَبَتْ فِي قُلُوبِنَا بِالرُّوحِ الْقُدُسِ الْمَعْطَى لَنَا. لَأَنَّ الْمَسِيحَ إِذْ كُنَّا بَعْدَ ضَعْفَاءَ مَاتَ فِي الْوَقْتِ الْمَعِينِ لِأَجْلِ الْفُجَّارِ. فَإِنَّهُ بِالْجَهْدِ يَمُوتُ أَحَدٌ لِأَجْلِ بَارٍّ. رَبِّمًا لِأَجْلِ الصَّالِحِ يَجْسُرُ أَحَدٌ أَيْضاً أَنْ يَمُوتَ. وَلَكِنَّ اللَّهَ بَيْنَ مَحَبَّتِهِ لَنَا لِأَنَّهُ وَنَحْنُ بَعْدَ خَطَاةٍ مَاتَ الْمَسِيحُ لِأَجْلِنَا. فَبِالْأُولَى كَثِيرًا وَنَحْنُ مُتَبَرِّرُونَ الْآنَ بِدَمِهِ نَخْلُصُ بِهِ مِنَ الْعُضْبِ. لِأَنَّهُ إِنْ كُنَّا وَنَحْنُ أَعْدَاءُ قَدْ صُولِحْنَا مَعَ اللَّهِ بِمَوْتِ ابْنِهِ فَبِالْأُولَى كَثِيرًا وَنَحْنُ مُصَالِحُونَ نَخْلُصُ بِحَيَاتِهِ.

## THE HOLY GOSPEL (St. Matthew 6:22-33)

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is not sound, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows you need them all. But seek first his kingdom and his righteousness, and all these things shall be yours as well.

" قَالَ الرَّبُّ سِرَاجُ الْجَسَدِ هُوَ الْعَيْنُ، فَإِنْ كَانَتْ عَيْنُكَ بَسِيطَةً فَجَسَدُكَ كُلُّهُ يَكُونُ نِيرًا، وَإِنْ كَانَتْ عَيْنُكَ شَرِيرَةً فَجَسَدُكَ كُلُّهُ يَكُونُ مُظْلَمًا، فَإِنْ كَانَ النُّورُ الَّذِي فِيكَ ظَلَامًا فَالظُّلَامُ كَمَا يَكُونُ! لَا يَقْدِرُ أَحَدٌ أَنْ يَخْدُمَ سَيِّدَيْنِ، لِأَنَّهُ إِمَّا أَنْ يُبْغِضَ الْوَاحِدَ وَيُحِبَّ الْآخَرَ، أَوْ يُلَازِمَ الْوَاحِدَ وَيَحْتَقِرَ الْآخَرَ. لَا تَقْدِرُونَ أَنْ تَخْدُمُوا اللَّهَ وَالْمَالَ. لِذَلِكَ أَقُولُ لَكُمْ: لَا تَهْتَمُّوا لِحَيَاتِكُمْ بِمَا تَأْكُلُونَ وَبِمَا تَشْرَبُونَ، وَلَا لِأَجْسَادِكُمْ بِمَا تَلْبَسُونَ. أَلَيْسَتْ الْحَيَاةُ أَفْضَلَ مِنَ الطَّعَامِ، وَالْجَسَدُ أَفْضَلَ مِنَ اللِّبَاسِ؟ انظُرُوا إِلَى طُيُورِ السَّمَاءِ: إِنَّهَا لَا تَزْرَعُ وَلَا تَحْصُدُ وَلَا تَجْمَعُ إِلَى مَخَازِنَ، وَأَبَاؤُكُمْ السَّمَاوِيِّ يُقُونُهَا. أَلَسْتُمْ أَنْتُمْ بِالْحَرِيِّ أَفْضَلَ مِنْهَا؟ وَمَنْ مِنْكُمْ إِذَا أَهْتَمَّ يَقْدِرُ أَنْ يَزِيدَ عَلَى قَامَتِهِ ذِرَاعًا وَاحِدَةً؟ وَلَمَّا تَهْتَمُّونَ بِاللِّبَاسِ؟ تَأْمَلُوا زَنَايِقَ الْحَقْلِ كَيْفَ تَنْمُو! لَا تَتْعَبُ وَلَا تَغْزُلُ. وَلَكِنْ أَقُولُ لَكُمْ: إِنَّهُ وَلَا سُلَيْمَانَ فِي كُلِّ مَجْدِهِ كَانَ يَلْبَسُ كَوَاحِدَةً مِنْهَا. فَإِنْ كَانَ عَشْبُ الْحَقْلِ الَّذِي يُوَجَدُ الْيَوْمَ وَيَطْرَحُ غَدًا فِي التَّنُورِ، يَلْبَسُهُ اللَّهُ هَكَذَا، أَفَلَيْسَ بِالْحَرِيِّ جِدًّا يَلْبَسُكُمْ أَنْتُمْ يَا قَلِيلِي الْإِيمَانِ؟ فَلَا تَهْتَمُّوا قَائِلِينَ: مَاذَا نَأْكُلُ؟ أَوْ مَاذَا نَشْرَبُ؟ أَوْ مَاذَا نَلْبَسُ؟ فَإِنَّ هَذِهِ كُلَّهَا تَطْلُبُهَا الْأُمَّمُ. لَأَنَّ آبَاكُمْ السَّمَاوِيِّ يَعْلَمُ أَنَّكُمْ تَحْتَاجُونَ إِلَى هَذِهِ كُلَّهَا. لَكِنْ اطْلُبُوا أَوَّلًا مَلَكُوتَ اللَّهِ وَبِرَّهُ، وَهَذِهِ كُلَّهَا تَزَادُ لَكُمْ.



# - SPIRITUAL ASPECTS OF FATHERHOOD -

By: Dr. Al Rossi - St. Vladimir's Orthodox Seminary

A conference participant once asked the speaker, "What is the best way for a father to love his children?" The speaker replied, "The best way for a father to love his children is to love their mother." I reflect often upon that superbly accurate statement. And I think the reverse is equally true: the best way a mother can love her children is to love their father. More than anything else in the world, children need a loving family and parents who support each other, even if the parents are apart through separation or divorce. Christ challenges us to love one another, and that challenge becomes even more compelling within our own families. Even in the best of families, there is brokenness. And that is why the man's call to fatherhood is so important. We fathers are called to show our families strong, manly love and forgiveness, virtues modeled powerfully in the father of the prodigal son (Lk 11:32). This father is stable, loving, and generous. In his fairness, he avoids violating the freedom of either of his sons. When the prodigal demands his inheritance and decides to leave, the father does not attempt to withhold the money. He does not pressure the son to stay by trying to make him feel guilty. And the father is wise enough not to send care packages to relieve the son's distress. The father allows both of his adult sons to make their own mistakes and to learn from their failures, an appropriate form of discipline for older adolescents and young adults. The prodigal's father demonstrates manly leadership by taking loving initiatives, and he takes many such initiatives. He maintains a thriving business to provide the generous inheritance. He creates and supports a loving family for the prodigal to run from and for the older son to remain with. And there is his last generous, joyful initiative as he runs out to embrace the returning son, kiss him, and put on him the best robe, ring, and shoes. He celebrates the return of his son with a feast. And in a scene all of us fathers can recognize, he opens up the conversation with the sulking older son. The father takes the initiative in bringing about forgiveness and reconciliation in the whole family. He is a model for us in responding to our call to follow the Spirit of Jesus in taking many initiatives in our families, especially that of boundless forgiveness for our children. When a father takes responsibility for his own spiritual life, for the way he prays, goes to church, and practices virtue in the family, he gives good example. Then his leadership in the family is authentic, based on his own solid relationship with God, and he is less likely to be concerned about any resistance his children may give him. He can lead family prayer. When I suggest that we stand in the living room and pray before a trip or that we pray in a restaurant, I often feel an initial resistance in my children. But quiet cooperation and peacefulness soon follow. Sometimes the children will even tell me that they prayed in a restaurant when I wasn't there. At times the father's role of leading the family to great forgiveness and prayerfulness is an unpopular one. But as a man grows in his own spiritual life, he becomes more sturdy and willing to accept responsibility. Although all this is impossible for us fathers to do alone, God can do all things. God can even bestow the awesome spiritual power of fatherhood upon us.

## **Today's Memorial Service is offered for the departed servants of God:**

\* Naife Yaacoub (1st year). Offered by her daughters Mirna & Maya Abboud.

\* Lise Gauvin (4th year) mother of Marie-Eve Letarte (Michel Eid); Stéphane Lebeau (16th year). Offered by Marie-Eve, Michel & Family.

\* Roger Makarios (25th year); Michael & Lawrence Makarios. Offered by Dorothy Makarios.

# Happy Father's Day

Direct your children onto the right path,  
and when they are older, they will not leave it.

PROVERBS 22:6

## "WE MUST LIVE OUR LIVES IN TOTAL COMMITMENT" (By: Abbot Tryphon)

Throughout the New Testament we read of the importance of struggle, where focus on the acquisition of a humble and contrite heart is paramount to what it means to be a Christian. The Lord Jesus Christ tells us that if we are to be worthy of Him, we must be willing to take up our cross and follow Him. We are to be a people whose true homeland is Christ's Kingdom, and as His people, we are called to a life of holiness. Our world places a great deal of emphasis on being comfortable, and we tend to avoid anything that does not bring pleasure. If being open about our Christian faith invites ridicule, we remain silent. If keeping the fasting rules of the Church prevents us from enjoying evenings out with our friends, we ignore the fast. If voicing disapproval when hearing our Christian faith being trashed, makes us appear less cool, we choose to go the route of the politically correct. Is it any wonder we are therefore unprepared to stand firm when faced with real trials that come our way, having avoided the very things that would transform us into strong, committed Christians? If we embrace Christianity with dedication of heart and mind, we will receive the power to live in this world, filled as it is, with temptations and disappointments, yet remaining true to our vocation as a holy people. Committing ourselves to being full time Christians, empowers us to live our lives in such a way that we give glory and witness to the very Christ Whom we worship. If, however, we avoid struggle, and choose to keep our Christian faith sidelined, while rejecting real commitment, we will ultimately have become Christian in name only. For those who, out of laziness or personal selfishness, choose to relegate fasting, private prayer, and even church attendance, as something done only when we feel "in the mood", we will stand before the Throne of God, in the end, with a darkened heart that can not withstand the power of God, and eternity will be for us, a lake of fire.

### CHURCH RAFFLE

\*\* AUGUST 25 2015 \*\*

FOR TICKETS, PLEASE SEE  
PAUL MASSAD OR ANY  
PARISH COUNCIL MEMBER

60th Anniversary **CEDARS HOME**  
Gala Banquet - September 11 2015  
Hyatt Regency Mntl - **Tickets \$125**  
Beverly Aziz Courey 514-342-7338  
Geoff Kalil 514-718-1771  
Richard Rossy 514-733-1529

**SATURDAY: VESPERS (7:00PM)**

CONFESSION BY APPOINTMENT

**SUNDAY:**

**ORTHROS AT 9:00AM**

**DIVINE LITURGY AT 10:30AM**

**(NO VESPERS ON JULY 4)**



**MET. BOULOS YAZIGI  
& MET. YOUHANNA IBRAHIM**  
ABDUCTED BY TERRORISTS IN SYRIA  
ON APRIL 22, 2013  
THE INTERNATIONAL SILENCE CONTINUES  
DURING THE GENOCIDE OF THE  
CHRISTIANS OF THE MIDDLE EAST.  
WE CONTINUE TO PRAY FOR THEM ALL!